

**Caritas Wu Cheng-chung College (2024-2027)**  
**Implementation Plan of “One-off Grant on Parent Education (Secondary) ”**

Objectives : Reference the parent education curriculum framework to design appropriate activities that help parents understand information related to parent-child relationships, discipline, and parental emotional management. This aims to enhance parents' physical and mental health, strengthen communication and cooperation between home and school, and collaboratively nurture student growth.

Scope	Objectives	Plan Details	Academic Year			Participants		Estimated Expenditure(\$)		
			24/25	25/26	26/27	Senior Form (S1-3)Parents	Junior Form (S4-6)Parents	24/25	25/26	26/27
A. Understanding Adolescent Development	➤ Equip parents with the necessary knowledge and parenting strategies regarding key developmental aspects of adolescence to promote positive and balanced development of their adolescent children.	➤ Organize at least 3 parent education talks or workshops each year.	✓	✓	✓	✓	✓	10,000	10,000	20,000
B. Promoting Healthy, Happy, and Balanced Development for Adolescents	➤ Help parents understand strategies to support and foster adolescents' healthy, balanced, and joyful development, promoting harmonious parent-child relationships; ➤ teach effective stress management and self-care strategies to maintain physical and mental health.	➤ Organize parent-child art therapy activities or other interest-based activities each year; ➤ organize parent-child outdoor activities each year.	✓	✓	✓	✓	✓	20,000	20,000	10,000
C. Promoting Parents' Physical and Mental Health			✓	✓	✓	✓	✓	20,000	20,000	20,000
D. Promoting Home-School Collaboration and Communication	➤ Share more community resources with parents to help them understand various supports for adolescents' development, facilitating cooperation between the school and parents.	➤ Share various community resources related to themes on the school website; establish a parent resource bank.	✓	✓	✓	✓	✓	20,000	20,000	10,000
Annual Budget Expenditure Amount								70,000	70,000	60,000
Total Budget Expenditure Amount								200,000		